

Aegela Centers for Middle Eastern Dance

The Martin School
10 S. Holland Sylvania Rd. at Hill Avenue - #305
Toledo, OH

Belly Dance ... Shimmy into Spring!

April 19 – May 30, 2010
(6 week series)

Series Fee – \$55.00 for 1 class/week; \$30 each additional time slot)
Cash**Checks**Visa**Mastercard**PayPal accepted

Mondays	Noon - 1:15 pm 5:45 pm – 7:00 pm 7:15 pm – 8:30 pm	Level 2 Level 1 Tribal Style Belly Dance	instr: Aegela instr: Aegela instr: Jen
Tuesdays	5:45 pm – 7:00 pm 7:15 pm – 8:30 pm	Technique Intensive Choreography & Presentation	instr: Aegela instr: Aegela
Wednesdays	5:45 pm – 7:00 pm 7:15 pm – 8:30 pm	Level 1-B Level 1 & 1-B	instr: Aegela instr: Aegela
Thursdays	4:15 pm – 5:30 pm 5:45 pm – 7:00 pm 7:15 pm – 8:30 pm	Choreography & Presentation Technique Intensive Choreography & Presentation	instr: Aegela instr: Aegela instr: Aegela
Saturdays	2:00 pm – 3:15 pm	Level 1	instr: Racheal
Sundays	2:00 pm – 3:15 pm 3:30 pm – 4:45pm	Level 1 Hip Hop Belly Dance	instr: Cheryl instr: Allie

Level 1 - a beginner's introduction to basic belly dance movements.

Level 1-B - for the continuing student; addition of abdominal, hand, arm movements, combinations; introduction to zils and mastering the choreography, "Afrah al Chaab"

Level 2 – mastery of complex movements and travelling combinations; completion of Level 1-B required.

Level 1 & 1-B (Wednesday) – an accelerated program for those returning to the dance after hiatus and for those entering Level 1-B, as described above; a short choreography will be presented

Tribal Style Belly Dance – Originating in California, the style is earthier than traditional oriental style belly dance; completion of Level 1-B required.

Choreography & Presentation – continuing to review the choreographies "Exhale" and "Talakik" as well as focusing on the finishing touches to polish any choreography; completion of Level 1-B required.

Hip Hop/Belly Dance – a fusion of two high energy dance styles presented in a choreography.

...to register via PayPal, send money to aegela@mindspring.com and indicate in the message box list class days & times (establishing a PayPal account is not necessary)

...to register via mail, send check payable to "Aegela" to 1101 Williams St., Adrian, MI 49221

Proper attire for all classes is comfortable exercise clothing; bare feet, socks or dance shoes

Due to class size limits, PRE-REGISTRATION IS ADVISED

Instructor reserves right to cancel classes with insufficient registration; spaces are not reserved without tuition