

Aegela Centers for Middle Eastern Dance

The Glann School 1700 N Reynolds Rd, Suite 203 (north side of building) Toledo, OH

Belly Dance...An Ancient Art with a Contemporary Vision

January 17 – February 24, 2022

\$65.00 for 6 week series, one class per week --- \$100.00 for 6 week series, two classes per week

(enter **DISC2022** when registering for multiple classes)

Monday	in studio	6:30 pm – 7:40 pm	Level 1B Belly Dance	Instr: Cheryl
Monday	in studio	7:50 pm – 9:00 pm	Level 2 Belly Dance	Instr: Cheryl
Tuesday	in studio	6:30 pm – 7:40 pm	Level 4 Dance Company	Instr: Aegela
Wednesday	In studio	6:30 pm – 7:40 pm	Level 1 Belly Dance	Instr: Aegela
Wednesday	in studio	7:50 pm – 9:00 pm	Synchronized Group Improv	Instr: Jen
Thursday	in studio	6:30 pm – 7:40 pm	Level 1 Belly Dance	Instr: Aegela
Thursday	in studio	7:50 pm – 9:00 pm	Level 3 Belly Dance	Instr: Aegela

Level 1.....For the beginning dancer; an introduction to the basics of belly dance; all ages, shapes, sizes, genders welcome
No prior dance training required

Level 1B.....Dancing with zils (finger cymbals); use of short choreography for technique; suitable for those returning after a hiatus
Completion of Level 1 or equivalent required

Level 2.....More complex, layering movements, travelling steps, dancing with zils,
Completion of Level 1B or equivalent required

Level 3.....Performance skills, Aegela's outside the box combinations; complex technique; choreographies; zils required
Completion of Level 2 or equivalent and instructor's permission required

Level 4.....Class reserved for Aegela Dance Company members

Synchronized Group Improv.....Learn specific moves and cues to spontaneously perform improvised belly dance in sync with a group
Completion of Level 1B or equivalent required

www.aegela.com

REGISTER: www.aegela.com

517-918.9547

*** Registrations are non-refundable and non-transferrable unless a class is cancelled; spots not reserved without payment***

Proper attire for all classes is comfortable exercise clothing; bare feet, socks or dance shoes