

Aegela Centers for Middle Eastern Dance

The Glann School 1700 N Reynolds Rd, Suite 203 (north side of building) Toledo, OH

Belly Dance...An Ancient Art with a Contemporary Vision

March 4 – April 13, 2024

\$70.00 for 6 week series, one class per week --- \$40 ea additional series

(enter **DISC2024** when registering for multiple classes)

All classes held in Studio 206

Monday	Cancelled	Level 1 & 1B Belly Dance	Instr: Jen
Monday	6:30 pm – 7:40 pm	Level 2 Belly Dance	Instr: Cheryl
Tuesday	6:15 pm – 7:25 pm	Level 4 Dance Company	Instr: Aegela
Wednesday	6:30 pm – 7:40 pm	Level 1 Belly Dance	Instr: Aegela
Wednesday	7:50 pm – 9:00 pm	Synchronized Group Improv	Instr: Jen
Thursday	**** 6:30 pm – 7:55 pm	Explore Folklore Belly Dance	Instr: Aegela
Saturday	9:30 am – 10:40 am	Just Dance	Instr: Aegela

(coffee/tea bar open)

****no class March 14. Time extended over 5 class nights

Level 1.....For the beginning dancer; an introduction to the basics of belly dance; all ages, shapes, sizes, genders welcome
No prior dance training required

Level 2.....More complex, layering movements, travelling steps, dancing with zils, suitable for those returning after a hiatus
Completion of Level 1B or equivalent required

Level 3.....Performance skills, Aegela's outside the box combinations; complex technique; choreographies; zils required
Completion of Level 2 or equivalent and instructor's permission required

Level 4.....Class reserved for Aegela Dance Company members

Synchronized Group Improv.....Learn specific moves and cues to spontaneously perform improvised belly dance in sync with a group
Completion of Level 1B or equivalent required

Explore Folklore..The journey through folkloric dance continues with the technique of Master Choreographer (and Aegela's mentor), Mahmoud Reda. Includes film footage, cultural nuances, costumes used, rhythms and steps unique to this genre'
Completion of Level 1B or equivalent required

Just Dance.....Using technique you've learned and adding a few new moves each week. Combinations from sassy to slinky. No choreography to remember. Something different every week. Coffee and tea bar open.
Completion of Level 1 or equivalent required

www.aegela.com

REGISTER: www.aegela.com

517-918.9547

*** Registrations are non-refundable and non-transferrable unless a class is cancelled; spots not reserved without payment***
Proper attire for all classes is comfortable exercise clothing; bare feet, socks or dance shoes