

Aegela Centers for Middle Eastern Dance

The Glann School 1700 N Reynolds Rd, Suite 203 Toledo, OH

Belly Dance...An Ancient Art with a Contemporary Vision

July 8 – August 1, 2024

\$45.00 for 4 week series, one class per week
Drop in rate: \$15 per class

Mondays	12:30 pm – 1:40 pm	Mixed Level 1 & 1B Belly Dance	instr: Jen
	6:30 pm – 7:40 pm	Level 1 Belly Dance	instr: Cheryl
	7:50 pm – 9:00 pm	Mixed Level 2 & 1B Belly Dance	instr: Cheryl
Tuesdays	6:15 pm – 7:25 pm	Level 4 (ADC only)	instr: Aegela
Wednesdays	6:30 pm – 7:40 pm	The Art of the Veil	instr: Aegela
	7:50 pm – 9:00 pm	Synchronized Group Improv	instr: Jen
Thursdays	6:30 pm – 7:40 pm	Level 3 Technique	instr: Aegela

Level 1 & 1B..... A beginner's introduction to basic belly dance movements and dance technique.

No prior dance training required.

Level 2 & 1B..... Layering, travelling steps, finger cymbals; suitable for those returning to dance after hiatus

Completion of Level 1 or equivalent and moderate use of zils (finger cymbals) required.

Level 3.....Challenging combinations, use of finger cymbals, performance skills for folkloric and orientale styles

Completion of Level 2 or equivalent required.

Level 4..... Reserved for members of the Aegela Dance Company.

Cannot be used to make up a class, or for drop ins.

Synchronized Group Improv....Learn specific moves and cues to spontaneously perform in sync with a group

Completion of Level 1B or equivalent required.

Art of the Veil..... Dancing with a veil is beautiful, sultry and a great upper body workout. Veils available for use.

Completion of Level 1B or equivalent required.

REGISTER: www.aegela.com

*** Registrations are non-refundable and non-transferrable unless a class is cancelled***

Proper attire for all classes is comfortable exercise clothing; bare feet, socks or dance shoes