

# *Aegela* Centers for Middle Eastern Dance

The Glann School 1700 N Reynolds Rd, Suite 203 (north side of building) Toledo, OH

## *Belly Dance...An Ancient Art with a Contemporary Vision*

*April 14 – May 22, 2025*

\$75.00 for 6 week series, one class per week --- \$45 ea additional series

(enter **DISC2025** when registering for multiple classes)

<b>Monday</b>	<b>6:30 pm – 7:40 pm</b>	<b>Level 1</b>	<b>Instr: Cheryl</b>
<b>Monday</b>	<b>7:50 pm – 9:00pm</b>	<b>Acapella Zils</b>	<b>Instr: Cheryl</b>
<b>Tuesday</b>	<b>6:15 pm – 7:25 pm</b>	<b>Level 4 Dance Company</b>	<b>Instr: Aegela</b>
<b>Wednesday</b>	<b>7:50 pm – 9:00 pm</b>	<b>Synchronized Group Improv</b>	<b>Instr: Jen</b>
<b>Thursday</b>	<b>6:30 pm – 7:50 pm</b>	<b>Level 3 Belly Dance</b>	<b>Instr: Aegela</b>

**Level 1** .....For the beginning dancer; an introduction to the basics of belly dance; all ages, shapes, sizes, genders welcome  
**No prior dance training required**

**Acapella Zils**.....Taking zils to a new level; a class created choreography; intended for those with an intermediate knowledge of zils, but fearless beginners are welcome

**Completion of Level 1 or equivalent required**

**Level 3**..... Performance skills, Aegela's outside the box combinations; zils required; vintage, folkloric, traditional styles

**Completion of Level 2 or equivalent and instructor's permission required**

**Level 4**.....Class reserved for Aegela Dance Company members; **cannot be used to make up classes**

**Synchronized Group Improv**.....Learn specific moves and cues to spontaneously perform improvised belly dance in sync with a group

**Completion of Level 1B or equivalent required**

**AEGELA AID**...Want some extra help with technique, choreography or zils? Schedule time with Aegela before or after your regular class, or some weekends. Half hour or one hour slots available. Up to 3 students can share the time slot. Inquire about pricing.

[www.aegela.com](http://www.aegela.com)

**REGISTER:** [www.aegela.com](http://www.aegela.com)

517-918.9547

\*\*\* Registrations are non-refundable and non-transferrable unless a class is cancelled; spots not reserved without payment\*\*\*

\*\*\*Proper attire for all classes is comfortable exercise clothing bare feet, socks or dance shoes\*\*\*